

Dear Tiger Taekwondo Members,

Visit our Facebook Page for the latest updates, videos and photos -  
<https://www.facebook.com/TigerTaekwondoAB/>

\*\*\*\*\*

Please be aware of the following dates in **September 2020**:

\*\*\*\*\*

**Class Schedule (at Dojang and on Zoom) as of August 31, 2020**

**Zoom classes login:** <https://us02web.zoom.us/j/8598443000>

Monday, Wednesday and Friday  
**5:30 – 6:20pm** – Ages 5 - 12  
**6:30 – 7:30pm** – Ages 10 and Up

Tuesday and Thursday:  
**5:30 – 6:20pm** – Family Class, All Ages  
**6:30 – 7:30pm** – Conditioning Class, Ages 13 and Up

Saturdays:  
**10:00 – 11:00am** – Open Class (Testing Practice – All Ages and Belt Levels)  
**11:00am – 1:00pm** – Tiger Team Training

**Tiger Team Training** (at Dojang only)  
Mondays, Tuesdays and Thursdays  
**6:30 – 8:00pm**

Friday, Sept 4th to Monday Aug 7th  
**Labour Day Long Weekend**  
Dojang Closed

Friday, Sept 18th @ 6:00pm  
**Colour Belt Testing**  
Dojang Closed for Regular Classes

\*\*\*\*\*

For more information on any of the above, e-mail [tigerwftkd@gmail.com](mailto:tigerwftkd@gmail.com) or phone (780) 432-0721.