



## Leduc Class Schedule - 2009/2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00 - 5:30 PM <i>Active Start</i> Ages 3 - 5	5:00 - 5:30 PM <i>Active Start</i> Ages 3 - 5	5:00 - 5:30 PM <i>Active Start</i> Ages 3 - 5	5:00 - 5:30 PM <i>Active Start</i> Ages 3 - 5	5:00 - 5:50 PM <i>FUNdamentals</i> Ages 6 - 9 and <i>Learning to Train</i> Ages 10 - 12
5:30 - 6:15 <i>FUNdamentals</i> Ages 6 - 9	5:30 - 6:15 <i>FUNdamentals</i> Ages 6 - 9	5:30 - 6:15 <i>FUNdamentals</i> Ages 6 - 9	5:30 - 6:15 <i>FUNdamentals</i> Ages 6 - 9	
6:15 - 7:00 PM <i>Learning to Train</i> Ages 10 - 12	6:15 - 7:00 PM <i>Learning to Train</i> Ages 10 - 12	6:15 - 7:00 PM <i>Learning to Train</i> Ages 10 - 12	6:15 - 7:00 PM <i>Learning to Train</i> Ages 10 - 12	
7:00 - 8:00 <i>Train To Train - Ages 13 - 16</i> <i>Active for Life - Ages 16+</i>	7:00 - 8:00 <i>Train To Train - Ages 13 - 16</i> <i>Active for Life - Ages 16+</i>	7:00 - 8:00 <i>Train To Train - Ages 13 - 16</i> <i>Active for Life - Ages 16+</i>	7:00 - 8:00 <i>Train To Train - Ages 13 - 16</i> <i>Active for Life - Ages 16+</i>	

### Saturday Classes:

11:00 AM - 12:00 PM (All Ages & Belt Levels) at Edmonton Dojang (7619 - 104 Street)